





Nutrition Menu



Nov-19

Nellie Sawyer: 426-8309

Office Hours:
9am-1pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lunch is Served at 11:45am Milk is Served With Each Meal					Cheeseburger w/Bun Baked Beans Baked Cinnamon Apples Cake	
	Turkey Sausage Maybe Red Peppers Carrots Roasted Potatoes Roll	Baked Ham California Blend Vegetables Sweet Potato w/Marshmallows Pears Bread	Chili w/beef and beans Broccoli Orange Juice Pimento Cheese Sandwich Jello	BBQ Chicken Leg Quarter Peas Cinnamon Apples Mac & Cheese Cornbread		
10	 Closed	Baked Pork Chop Collards Potatoes Au Gratin or Scalloped Fruit Crisp Roll	Meatloaf w/red sauce Lima Beans Pineapple Chunks Brown Rice Bread/Roll	BBQ Sandwich Coleslaw Fresh Fruit Buttered Potatoes Graham Crackers	Chicken Salad Beets Orange Juice Pasta Salad Crackers Angel Cake	16
17	Leg Quarter Oven Fried Peas Pineapple Baked Potato Roll	Spaghetti/ Meat Sauce California Blend Veggies Baked Spiced Apples Garlic Bread Pudding	Smoked Sausage w/bun Baked Beans Cabbage Brownies	Baked Turkey Carrots Cranberry Sauce Bread Stuffing Brown Rice Pudding	Beef Stew w/Potatoes & Vegetables Garden Salad Orange Juice Wheat Roll Fruit Cobbler	23
24	Salisbury Steak w/Gravy Peas & Carrots Pineapple Chunks Mashed Potatoes Roll April Crisp	Roasted Pork w/Gravy Stewed Potatoes Orange Succotash Cornbread Cookie	Beef Tips w/Gravy Sauteed Spinach Brown Rice Peaches Roll	 Closed	 Closed	Donations are Accepted, Needed and Appreciated!